



Sacred Heart Church Lenten Calendar February and March 2023

Regulations:

All Catholics, ages 18 to 59, are to **fast** on Ash Wednesday & Good Friday. To **fast** means to eat one full meal; the other two meals that day should be less than the normal amount unless they are already at a minimum for good health. Eating between meals is not permitted. Liquids including coffee, milk and fruit juices are allowed. Fridays during Lent - abstain from meat.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 Rosary prayed Mon-Sat 7:45-8:15 a.m. 	21 8:30 a.m. Mass	22 Ash Wednesday  8:30 a.m. Eng 10:30 a.m. Eng 5:30 p.m. Eng 12:30 p.m. Span 7:30 p.m. Span • Shady Cove OLF @ 10 a.m. * A Day of Fast and Abstinence	23 8:30 a.m. Mass	24 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall 7:00 p.m. Spanish Stations of the Cross * Abstain from meat	25 8:30 a.m. Mass Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
26 I Sunday of Lent 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	27 8:30 a.m. Mass Divine Mercy prayed Mon-Sat after 8:30 Mass 	28 8:30 a.m. Mass Reconciliation 7-8 p.m. Eng & Span	1 March 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30 p.m.	2 8:30 a.m. Mass	3 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall First Friday of the month Mass at 7:00 p.m. in Span followed by Stations of the Cross * Abstain from meat	4 8:30 a.m. Mass 1st Sat. Anointing Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
5 II Sunday of Lent Coffee&Donuts 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	6 8:30 a.m. Mass	7 8:30 a.m. Mass Reconciliation 7-8 p.m. Eng & Span	8 8:30 a.m. School Mass SHS Recon 10-12 p.m. Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30 p.m.	9 8:30 a.m. Mass	10 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall 7:00 p.m. Spanish Stations of the Cross * Abstain from meat	11 8:30 a.m. Mass Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
12 III Sunday of Lent 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	13 8:30 a.m. Mass Lenten Parish Mission after 8:30 a.m. Mass and at 6:30 p.m. in the church	14 8:30 a.m. Mass Lenten Parish Mission after 8:30 a.m. Mass and at 6:30 p.m. in the church	15 8:30 a.m. Mass Lenten Parish Mission after 8:30 a.m. Mass and at 6:30 p.m. in the church	16 8:30 a.m. Mass Lenten Parish Mission ends with 8:30 a.m. Mass and 6:30 p.m. Mass	17 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall 7:00 p.m. Spanish Stations of the Cross * Abstain from meat	18 8:30 a.m. Mass Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish

Some of March and April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 March 1V Sunday of Lent Coffee&donuts 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	20 Solemnity of St. Joseph 8:30 a.m. Mass	21 8:30 a.m. Mass Reconciliation 7-8 p.m. Eng & Span	22 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30 p.m.	23 8:30 a.m. Mass Rosary prayed Mon-Sat 7:45-8:15 a.m. 	24 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall First Friday of the month Mass at 7:00 p.m. in Spanish followed by Stations of the Cross * Abstain from meat	25 Solemnity of the Annunciation of Mary 8:30 a.m. Mass Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
26 March V Sunday of Lent 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	27 8:30 a.m. Mass	28 8:30 a.m. Mass Reconciliation 7-8 p.m. Eng & Span	29 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30 p.m.	30 8:30 a.m. Mass 	31 8:30 a.m. Mass 5:30 p.m. Stations of the Cross 6:00 p.m. Soup Supper in Hall 7:00 p.m. Spanish Stations of the Cross * Abstain from meat	1 April 8:30 a.m. Mass Confession 3:00 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
2 Palm Sunday 8:30 & Noon English 10:15 & 1:30 Spanish 3:30 TLM Shady Cove OLF @ 10 a.m.	3 8:30 a.m. Mass	4 8:30 a.m. Mass	5 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30 p.m.	6 Holy Thursday NO DAILY MASS 7:00 p.m. Mass Bilingual Adoration follows Mass in Hall till 10 p.m. Adoration chapel closed at 6:00 p.m.	7 Good Friday NO DAILY MASS Noon Stations of the Cross English in Church followed by Divine Mercy Novena Noon Spanish Stations in Hall Spanish 3:00 p.m. Good Friday Service followed by Divine Mercy Novena 5:30 p.m. Good Friday Service 7:30 p.m. Spanish Service OLF in Shady Cove @ 3PM * Fast and Abstinence	8 Holy Saturday NO DAILY MASS NO 5:30 p.m. & 7:00 p.m. Mass 3:00 Divine Mercy Novena 8:30-11 p.m. Easter Vigil Bilingual Mass There are no Confessions on Holy Thursday, Good Friday or Holy Saturday. Adoration chapel re-opens after Easter Vigil Mass
9 Easter Sunday 7:00, 8:30 & Noon English 10:15, 1:30 & 6:00PM Spanish 3:30 TLM 3:00 Divine Mercy Novena in the hall Shady Cove OLF @ 10 a.m.	10 8:30 a.m. Mass 3:00 Divine Mercy Novena in the church	11 8:30 a.m. Mass 3:00 Divine Mercy Novena in the church	12 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 3:00 Divine Mercy Novena Fr. Moises Bible class 6:30 p.m.	13 8:30 a.m. Mass 3:00 Divine Mercy Novena in the church	14 8:30 a.m. Mass 3:00 Divine Mercy Novena in the church 	15 8:30 a.m. Mass 3:00 Divine Mercy Novena in church Confession 3:30 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish
16 Divine Mercy Sunday Divine Mercy Holy Hour at 3:00 p.m. in the church 5:30 p.m. TLM	17 8:30 a.m. Mass	18 8:30 a.m. Mass	19 8:30 a.m. School Mass Fr. Ken's Bible class 12:30&5:30 Fr. Moises Bible class 6:30	20 8:30 a.m. Mass	21 8:30 a.m. Mass	22 Confession 3:30 to 5:15 p.m. Vigil Mass 5:30 English 7:00 p.m. Spanish