



## FOURTH SUNDAY IN ORDINARY

FIRST READING: Jeremiah 1:4-5, 17-19 (72C)

SECOND READING: 1 Corinthians 12:31-13:13 GOSPEL: Luke 4:21-30

**Q:** For those “informal” Catholics who come to Mass or a funeral/on rare occasions and want to know why they can’t receive communion because they say “I believe communion really is the body and blood of Christ”...what do I say to them at that moment?

**A:** This question is a delicate one because, like so many others that I have received, the answer is partly theological/catechetical and partly pastoral. (And, by the way, part of that pastoral approach is not to wait until “that moment” to discuss this but to have the conversation with them well in advance of the liturgy). The catechetical portion of your question is pretty straight forward. As a Church, we would say that simply believing that the Eucharist is Christ, body, blood soul and divinity is not enough. The person must also examine their conscience to determine whether or not they are guilty of mortal sin. And if so, they should first celebrate the sacrament of reconciliation in order that they become properly disposed to receive it. Otherwise, by receiving unworthily (not properly disposed) one is not receiving the grace of the sacrament but instead is committing the further sin of sacrilege. This is based right out of sacred scripture. We read in 1 Cor. 11:27 - “Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be answerable for the body and blood of the Lord. Examine yourselves, and only then eat of the bread and drink of the cup. For all who eat and drink without discerning the body eat and drink judgment against themselves.” The Church identifies two requirements for receiving the Eucharist from this passage, assuming one is Catholic. One must examine themselves (i.e. that is examine their conscience for serious sin) and must also discern the body (i.e. believe that the Eucharist is not simply bread and wine as symbols but Jesus himself). At this point, it might be worth adding that the pastoral challenge described by the parishioner in their question also often occurs with non-Catholic visitors, especially at weddings and funerals when it is far more likely that the crowd gathered will be a diverse one. Sometimes Christians of other confessions will say to me that they believe that our Eucharist is Jesus and therefore, in their minds, they feel no obstacle should stand in their way of receiving. The problem in that case is that, in addition to the previously mentioned requirement of going to confession, the Eucharist is not just communion with God. It also represents communion with the Catholic faith community. One receiving the Eucharist is also saying that they are formally a part

of the Catholic faith community and that they further accept all that the Catholic Church proposes for belief as a member of the Body of Christ. If one has not yet been formally and publically received into the Church by that community or if the person does not accept all that the Catholic Church believes, then receiving the Eucharist would be an unfitting lie. That is the theological or catechetical portion of the question. The much harder challenge is, pastorally, how to explain this to a non-Catholic or fallen away Catholic guest in a way that they can understand and not be offended by. For an informal Catholic who has been raised in the Catholic faith but has been away from the sacraments for some time it might be enough to gently remind them that if they want to go to communion during an upcoming event then they need to schedule a confession beforehand. If they are less familiar with our beliefs or if they are a non-Catholic guest then I have tried to explain to them beforehand that for Catholics, the Eucharist is not meant as a sign of hospitality but as an indication of a unity of belief. At that point, if I know the person well enough, I have simply quizzed them by selecting a few better known and controversial beliefs that the Church holds and that I expect they would disagree with and if they answer “no” to any then I say it would be dishonest then to receive. In some cases, I also explain what I sometimes refer to as spiritual communion (i.e. the process of how to go forward and receive a blessing from the priest). On two or three very rare occasions, I have met non-Catholic Christians who have surprised me by saying that they believe as we do about the Eucharist and our doctrine. In that case I celebrate this but remind them that the one remaining step is to take the time to join RCIA and be received into the Church formally at the Easter Vigil and I invite them to be a part of that program. If you have done your best to educate a guest on our Eucharistic disciplines and they choose to present themselves for communion anyway, that regrettable decision is on them and not on you. Our duty is to proclaim the truth steadfastly with compassion and to continue to pray for greater Christian unity.

*Note: All questions come from parishioners of Sacred Heart Parish or St. Joseph Mission and they are presented to you anonymously. I hope this is a useful learning opportunity for all and if you have questions of your own that need answered please let me know in person or email them to [hearttoheart.ks@gmail.com](mailto:hearttoheart.ks@gmail.com)*

**RESERVE YOUR SEAT NOW FOR THE MAGDALENE HOME ANGEL BANQUET!**

The Angel Banquet will take place on Saturday, February 6, in the Sacred Heart Church parish hall. Doors open at 5pm, with champagne, hors d'oeuvres, and first bids on the silent auction, as well as raffle tickets for *Pick-of-the-Live Auction* and the *Tower of Wine*. You won't want to miss this important part of the evening's events! Dinner with wine is served promptly at 6pm, with program and live auction immediately following.

Lots of NEW items to bid on, as well as many favorites!

Tickets are \$50/person or \$400 to host a table of 8 friends for extra fun!

To reserve your place, please call Lindsay (weekdays) at 541-772-7123 or  
Kathy (after hours and weekends), 541-773-9683.

Don't wait, as tickets sell out quickly!



**Lent begins Wednesday, February 10, 2016.**

**Our Ash Wednesday Masses are at 7AM, 8:30AM, 5:30PM with Spanish Mass at 7PM.**

**Ashes are given during Mass.**

**Fasting and Abstinence Regulations:** Catholics 14 years and older must abstain from meat on the Fridays of Lent, Ash Wednesday and Good Friday. All Catholics, ages 18 to 59, must fast on Ash Wednesday and Good Friday. To fast, eat one **full meal**; other meals should be less than the normal amount unless they are already at a minimum for good health. No eating between meals; liquids are allowed.

**RESTORE THE CHURCH BUILD THE FUTURE**

**Collection to be taken up on Ash Wednesday, February 10, 2016**

**Envelopes available at the doors of the Church**

For those living in Central and Eastern Europe, rebuilding in the wake of 70 years of Soviet rule is a constant struggle. People face poverty, infrequent pastoral care, and lack of spaces for worship, presenting challenges as they try to live lives of faith. Your support of the Collection for the Church in Central and Eastern Europe (CCEE) helps provide grants for projects to **restore the Church and build the future** in these areas. In Armenia, the recovery from a devastating earthquake in the late 1980s and the fall of the Soviet Union in the early 1990s has been difficult and slow. Many children in Armenia live on the street because of poor family situations or the need to earn their own money. The Sisters of the Immaculate Conception have used a grant from CCEE to fund a summer camp for 850 children ages 8 to 15. The camp is provided for children who are orphans, live in extreme poverty, or live in poor isolated villages. At camp, the children receive much-needed rest along with physical and spiritual support, all in a nurturing environment. Local and international volunteers help create an atmosphere of safety and trust while guiding and mentoring the children. Some of the camp activities include attending catechetical classes, going hiking and on field trips, and participating in sports and acting in theatrical presentations. While at camp, the children can experience the encouraging love and support of God and others.

**7:00 a.m. DAILY MASS INTENTIONS**

- M. Feb. 1: +Luella Baumgartner
- T. Feb. 2: +Roberta Brazzle
- W. Feb. 3: +Frank Dever
- Th. Feb. 4: +Clarence Surber
- F. Feb. 5: The LaHue Family

**8:30 a.m. DAILY MASS INTENTIONS**

- M. Feb. 1: The Batzer Family
- T. Feb. 2: Catholic Daughters
- W. Feb. 3: Connie & Rich Moyer
- Th. Feb. 4: +Renee Scrocca
- F. Feb. 5: +Maryann Denman
- Sat. Feb. 6: Father Ken Sampson

**PLEASE PRAY for the sick of our parish especially:**

Ginny Spechtenhauser, Kathy Kim, Ruth Frisbee, Teri Gieg, Reese Baker, Diane Williams, Gladys Schibusch, Bill Reifers, Lucy Caro, Frances Maltoni, Louise Sutch, Randy Gale, Judith Rosario, Peg Morgan, Joyce Farrell, Joanne Hafner, Evelyn Bocast, Jonathan Cotta, Patty Wittenbock, Bill Schueller, Cynthia Sugiura, Ramona Rosales, Trudy Omann, Kathy Steiner, John Kuchler, George Halvorsen, Justin Berlandi, Marie Casilio, Shizuka McCue, Eileen Van Dyck, Beverly & Dick Handley, John Zeleznik, and Don & Jean Palese.

**Please pray for the deceased of our parish, especially: +Daniel Allred**

## ARCHBISHOP'S CATHOLIC APPEAL 2016

Next weekend, is Commitment Weekend for the 2016 Archbishop's Catholic Appeal. During Mass we will watch a video from Archbishop Sample about the Appeal. If you received a personalized commitment card in the mail please bring it to Mass with you as we join together to support our Catholic Church in western Oregon. If you did not receive a commitment card in the mail pledge envelopes will be available during Mass.

The Archbishop's Catholic Appeal provides substantial financial support to essential ministries that support parishes in our Catholic Church in western Oregon. These programs provide education and faith formation at all levels and provide a Catholic presence for tens of thousands of people.

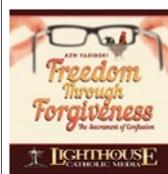
When we stop to count our abundant blessings, we are aware of how truly blessed we are. The Archbishop's Catholic Appeal is an invitation to share your blessings and support for the Gospel mission here in Western Oregon.

Your pledge is also a sign of your gratitude for God's generous abundance. While we can never outdo God in generosity, we are called to join in the mission of the Gospel as we put forth the gifts of life, goodness, and grace through the sharing of our own blessings from God.

### THE TECHNOLOGY CORNER

The electronic world can open your heart and mind to the endless benefits and expanse of our year of mercy! Visit: [www.im.va](http://www.im.va) and find a comprehensive, colorful and informative look into the scope of our Extraordinary Jubilee Year of Mercy. It is a site filled with news of what is happening in Rome and around the world. Discover Pope Francis' letter (found under the 3rd listing- Jubilee.) It reads as though it were personally written to you. Finally, we have been asked to read St. Faustina's Diary. Her story and life define love, mercy and humility. I encourage you to read it. You can obtain copies of it on Amazon, paperback \$6.27 or download it on your electronic device for \$9.95.

### MEDIA KIOSK FOCUS OF THE WEEK



#### **Freedom through Forgiveness**

Through clever examples and insightful stories, Ken Yasinski reveals how each of us can obtain freedom from the burden of our sins through the forgiveness that is readily available in the Sacrament of Confession.

Check the Kiosk at the main doors of the Church on the Right side.

Cost: Books \$4 CDs \$3 Booklets \$2 Pamphlets 50c  
Place payment in slot on lower right side of the kiosk

### Where All Are Welcomed & Loved With Mercy - Day 322

Adoption has the dimension of connection — not only to your own tribe, but beyond, widening the scope of what constitutes love, ties and family. It is a larger embrace. By adopting, we stretch past our immediate circles and, by reaching out, find an unexpected sense of belonging with others.

*First 1000 Days: A Catholic Culture of Life Initiative*

**Thank you Advertiser of the Week**  
**Siskiyou Veterinary Hospital**  
*Please thank our Advertisers  
with your patronage.*

### Financial Report

	1/17/2016	1/18/2015
Weekly Budgeted Amount	\$17,884.62	\$18,144.23
Offertory received current week	\$16,686.84	\$15,400.29
Offertory Received -Year to Date	\$529,037.72	\$515,843.23
Needed for Budget	\$518,653.96	\$526,182.68
Over (under) Budget	\$10,383.76	(\$10,339.45)
% Over (Under) Budget	2.00%	-1.96%

God gives it all, then calls us to share. Thank you for sharing!



**SACRED HEART CATHOLIC SCHOOL NEWS**  
**Celebrating 150 years of excellence... with heart**

**CATHOLIC SCHOOLS WEEK**

Catholic schools week is coming, and we are preparing in many ways for this week of celebration. Please don't miss our school OPEN HOUSE for all prospective families on Monday, February 1 at 6:30 pm at Sacred Heart School. It will be a great evening! Let us give you a chance to show what makes our school community so special.

**AUCTION NEWS**

Our 20th Annual School Auction will be a ROARING TWENTIES THEME and is sure to be a ton of fun! The event at the Inn At The Commons on Saturday, March 5th. If you are a carpet cleaner, medical provider, hair dresser, tree trimmer, we would love you to consider a gift certificate donation. We are also looking for tickets to professional sports teams, vacation homes/ time share units, a beach house, a house in Sunriver/Bend area, anything we can package to help drive the biggest fundraising event for our school. Contact LeeAnn Loftin, SHCS Events Coordinator, for more information or if you can help! [541-772-4105 ext. 119](tel:541-772-4105).

**Thinking about Catholic school for your Children?**

We'd be happy to give you a tour and connect you with current parents to answer questions. Please contact the school at [541-772-4105](tel:541-772-4105) for a tour. Financial support is available.

**CATHOLIC DAUGHTERS OF AMERICA**

February MEETING\*\*\*BUNCO!

All Catholic women are invited to join us Tuesday, February 2nd. We begin in the church at 8:00am with the rosary followed by Mass. We then gather in the parish hall for fellowship and a light snack. Please bring something to share. Then at 9:30 the FUN BEGINS...BUNCO! This is a fun game with dice and lots of laughs. Prizes will be handed out for most buncos and wins.

Please bring an item for our St. Patrick auction baskets. For information call Regent Connie Moyer 541-773-8736.



**KNIGHTS OF COLUMBUS BREAKFAST**

Sunday, February 14th, scrambled eggs & ham, biscuits & gravy, pancakes and even French toast will be served up in the Hall. Come on over and enjoy with a cup of nice, hot coffee. Cost is \$18.00 per family, \$6.00 adults, and \$2.00 children under 10 years old.

**COFFEE & DONUTS SCHEDULE**

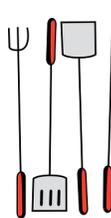
**Jan. 31** 7:00 - Debbie Peerenboom  
 8:30 - TBA

**Feb. 7** 7 & 8:30 - Catholic Daughters

Come over and enjoy a hot cup of coffee and a yummy donut.



**KNIGHTS OF COLUMBUS BEEF RAFFLE**



The annual Knights of Columbus Beef Raffle kicks off this month. Ask any Knight for tickets (\$5 each). Two winners will be drawn on April 17th and each will win a quarter, processed and packaged, grass-fed beef. Proceeds go to assist area charities.

Only 1000 tickets will be sold!

Get your tickets now before they run out!!

**ATTENTION: SINGLES**

In December we were blessed to meet some extraordinary people at Three Fountains as we delivered their Christmas gifts and extended them our friendship from Shepherd Singles. January we met and exchanged our white elephant gifts, which was fun. In **February** we will gather for a group dinner at McGrath's @ 6:00pm.

If you are interested in joining us for dinner please contact: Eileen @ (541) 535-3973.



## SACRED HEART YOUTH MINISTRY

Contact Whitney Compton, Youth Minister: [wcompton@archdpx.org](mailto:wcompton@archdpx.org)  
Please e-mail Whitney for her **NEW PHONE NUMBER**

### **To obtain Sacred Heart Youth Ministry Information**

**Contact:** Whitney Compton [wcompton@archdpx.org](mailto:wcompton@archdpx.org), to reach Whitney on her cell phone please e-mail her for her Mobil number. Please note Whitney's NEW last name is GODFREY; soon her e-mail address will change a notice will be placed in the bulletin when this change takes place!

**YOUNG ADULTS AGE 18-35:** To receive our e-mail please contact Whitney at [wcompton@archdpx.org](mailto:wcompton@archdpx.org).

**CONFIRMATION CLASS!** Classes are in full swing! This Wednesday February 3, 2016 we will continue with Lesson 15. Don't forget your books and please arrive between 5:45 and 5:55 doors close and class starts promptly at 6:00pm! We will have youth Mass and youth group this weekend! Wednesday February 10<sup>th</sup> 2016 there will be no class due to Ash Wednesday!

### **YOUTH GROUP (note: we will have youth group this weekend):**

**EDGE** – January 31<sup>st</sup> 2016: We WILL have youth group this weekend it is NOT canceled! We will begin our semester on the SACRAMENTS for our middle school youth. Edge is from 9:45-11:00a in the SH youth room across from the School.

**LIFE NIGHT** – January 31<sup>st</sup> 2016: We WILL BE having youth group this weekend it is NOT canceled! We will begin a semester on MERCY for our high school youth. Life Night is from 6:15p-7:30p following youth Mass in the SH youth room across from the school.

### **CALLED TO PROTECT FOR YOUTH (NEXT WEEKEND's YOUTH GROUP): Parents please read!**

Dear Parents;

On February 7<sup>th</sup> Sacred Heart will provide our youth with abuse prevention skills they can use anywhere and in all interpersonal relationships! Called to Protect for youth is a self protection training program using video and facilitated discussions to teach youth: their emotional, physical and behavioral boundaries, ways abusers try to violate these boundaries and ways to respond if their boundaries are being violated, and how to report abuse happening to them or someone they know. The DVD and the facilitated discussion encourages kids to talk to each other using their own common language. This program is required by our Archdiocese. Called to protect for Youth will be shown on February 7<sup>th</sup>, 2016 in the Sacred Heart Youth room; for middle school from 9:45-11:00am and for high school – after youth Mass from 6:15-7:30p. If you have any questions you can contact me at [wcompton@archdpx.org](mailto:wcompton@archdpx.org) or call my office to make an appointment.

**If you do not wish your teen(s) to take this personal safety class, please contact Whitney Compton in the parish office for the opt-out form and other information.**

### **RELIGIOUS EDUCATION NEWS**



#### **Holy Communion and Kids**

Last Wednesday night this year's Sacrament Preparation children and their parents began their journey towards First Communion in May. So what's important to teach our kids about Holy Communion?

It is important to teach kids our Catholic belief in the Real Presence – that is, Jesus Christ's real and true presence in the Eucharist. The bread is no longer bread, and the wine is no longer wine, but after being consecrated by the priest, these are now the body and blood of the risen Lord.

Help children with this teaching by stressing reverence for the Eucharist that includes silence during the consecration, a small bow before receiving holy Communion and kneeling in prayer after returning to the pew.

Be sure to stress that Christ's presence is not magic, but is the great mystery of our faith. We rejoice and give thanks for the gift of Jesus Christ in all of the sacraments – especially in the Eucharist.

Religious Education Classes are open to any child from Preschool through 5<sup>th</sup> grade every Sunday at 9:50am until 11:15am at Sacred Heart School.

For further information or questions contact Mary Stallard 541-779-4661 ext: 107

**January 31 † Fourth Sunday in Ordinary Time † Luke 4:21-30**

Again Luke talks about Jesus speaking in the synagogue, saying *"Today this Scripture passage is fulfilled in your hearing."* The people were amazed at his powerful words, and they asked him to perform miracles for them. Jesus said: *"Amen, I say to you, no prophet is accepted in his own native place,"* and then reminds them of two miracles performed by the Old Testament prophets, Elijah and Elisha. These miracles helped Gentiles, that is, people who weren't Jews. When the people heard this, they became angry and drove him out of town.

*Do we accept Jesus' teachings without questioning them?*

*Explain your answer.*

*Or do we expect miracles from Jesus before we really believe in Him? Why or why not?*

**ST. VINCENT DE PAUL NEWS**

St Vincent de Paul in Jackson County was started in 1982 with volunteers lead by Lil and Bill Howe at Sacred Heart Church. That same year Our Lady of the Mountain and Shepherd of the Valley volunteers joined forces to form the Rogue Valley District Council. Nothing was done or is done without the inspiration of Jesus Christ working in all the volunteers who serve day in and day out. We need you to help keep this legacy of love and service alive as Jesus asked us. Please answer the call to be an accountant/bookkeeper, kitchen helper, store cashier, shower/laundry assistant, office helper or a counselor. We and more importantly, the needy need you. We are located at 2424 N. Pacific Hwy. Medford. Please call to volunteer at 541-772-3828 Ext 7.

**LO GLUTEN HOSTS**

Lo-gluten Communion hosts are available for those who suffer an allergic reaction to gluten. Please get in the Priests Communion line and let him know you desire lo-gluten. He will get a host from the Altar in a pix and hold it out for you to take from.

**ADORATION CHAPEL**

Thank you to all who pray in our chapel. If you wish to pray in the Chapel please come to the Parish Office and sign in for the code. The inner door is secured with the same code that opens the outer door. The Tabernacle can remain open while you pray. If no one relieves you please close the Tabernacle as you leave. Please open the Tabernacle door when you enter if you desire to do so. As always PLEASE pull both entry doors closed as you enter and as you leave. PLEASE do not let people you do not know into the Chapel. If anything untoward occurs while you are at prayer please notify the Office or Father Ken.

**HEALING FROM ABORTION**

For some, it may seem like their abortion is an event totally left in the past, yet vast evidence shows that abortion has long-lasting, life-altering affects in the lives of women and men who have experienced it. To feel, deal, and heal from abortion(s), attend a life-changing Rachel's Vineyard Retreat. Contact Project Aurora for information about the April 8-10, 2016 retreat near Medford:

541-942-2861 or email [projectaurora@aol.com](mailto:projectaurora@aol.com).

*Para Espanol llamada a Araceli 541-621-7047.*