



SECOND SUNDAY IN ORDINARY

FIRST READING: Isaiah 62:1-5 (66C)

SECOND READING: 1 Corinthians 12:4-11 GOSPEL: John 2:1-11

Q: My question concerns sacred objects vs. idol worship. How can the Church declare "things" sacred and hold them in high regard expecting reverence? Or maybe the question should be, does the Church tell us to hold these objects in high regard? I don't think that is the real intent of the Church but I see and hear people who treat objects as if God lived in them and it would be a sin to get it dirty. (rosaries, bibles, crosses, nativity sets) How can objects be blessed and what does that mean?

A: Treating objects like gods would be idolatry and a great offense against God. We worship God alone. However, to have reverence toward saints and holy objects falls under the greater category of fear of the Lord or holy reverence. For example, to consecrate a thing means to set it aside for sacred use. This would include a chalice, a paten or priestly vestments. Once they are blessed and used exclusively for sacred use we would never again use them for ordinary use. To wear a priestly vestment as a Halloween costume or to serve party snacks out of a chalice would be considered the sin of sacrilege or desecration. So some things we respect as an extension of our respect for God. Respect for a saint's relic would additionally be suitable because we are dealing with human remains there. Our body reflects the creative work of God, the Incarnation, our body as a Temple of the Holy Spirit, etc. It is not, however, a god but simply a holy thing to be respected. This respect is a part of religiosity. Furthermore, we can see that this attitude is entirely in keeping with Sacred Scripture. For example, from our Jewish roots, it is clear that God's Chosen People held great respect for such objects as the meeting tent of the Lord, the Ark of the Covenant, the Ten Commandments (i.e. stone tablets), the staff of Aaron, etc. The Jews also strongly believed that one must not worship false idols and yet it is clear from their lived practice that they did not see such forms of piety toward objects as a violation of that teaching. Christianity has simply continued this practice as it relates to sacred objects. In our Catholic tradition we call such objects sacramentals. The Catholic Dictionary defines a sacramental in the following way: "Sacred signs, whether objects (e.g. scapulars, holy water) or actions (e.g. blessings) possessing a likeness to the sacraments and whose effects are obtained by the prayer of the Church (Can. 1166). The sacraments were instituted by

Christ and effect grace by virtue of themselves. The sacramentals [in contrast to the sacraments] are instituted by the Church and impart grace according to the disposition of the recipients and the intercession of the Church." So to put it another way, sacramental objects can bring grace into our lives to the extent that we make use of them with faith and a reverent attitude. They are things and not gods but nevertheless they are holy things. I hope that helps a little.

Q: Would you please explain again how we receive the Body of Christ in our hands. I was told we make a cross with our hands, but seldom do we see anyone doing this properly. I think we need to review the catechesis of how we receive the Body of Christ by hand.

A: First of all, it is an historic fact that the normative way of receiving communion in the beginning was in the hand. St. Justin Martyr, who lived almost 1800 years ago, cites in writing, in his Apologies, that one must put one's hands together forming a throne to receive one's king and, further, that one should take great care not to lose a single crumb of the sacred species because it is more precious than gold dust. In modern times, this has generally been interpreted to mean putting your left hand in your right hand, palms up and arms extended, to receive the host, to respond with an "Amen" when the minister says, "The Body of Christ" and places the host in one's hand, and to then take the host from your left hand into your right hand and place the host in your mouth while still standing before the minister. If one happens to be left-handed, I see no problem with reversing hand positions to favor the dominant hand. It is considered very bad form, however, to receive in silence, without saying "Amen" or to walk off some distance before consuming the host. It is also bad form to take the host from the minister in your fingers or in some other fashion. After all, we do not "take" communion. We "receive" communion.

Note: All questions come from parishioners of Sacred Heart Parish or St. Joseph Mission and they are presented to you anonymously. I hope this is a useful learning opportunity for all and if you have questions of your own that need answered please let me know in person or email them to hearttoheart.ks@gmail.com

KNIGHTS OF COLUMBUS BREAKFAST

Sunday, January 17th, scrambled eggs & ham, biscuits & gravy, pancakes and even French toast will be served up in the Hall after the 7 and 8:30AM Masses. Cost is \$18.00 per family, \$6.00 adults, and \$2.00 children under 10 years old. C'mon over! Breakfast benefits Sacred Heart Schools' 7 & 8th graders traveling to Washington DC in May!



THE 34th ANNUAL CATHOLIC MEN'S RETREAT

“Merciful Like the Father”

ST. RITA RETREAT CENTER GOLD HILL, OREGON

Friday, January 29 – Sunday, January 31, 2016

Father Ken Sampson, pastor of Sacred Heart Parish, Medford will be our presenter. Father Ken has prior experience as a religious brother with the Discalced Carmelites, who have a principle chrism of retreat work, spiritual direction and teaching the faithful how to deepen their prayer life.

EARLY REGISTRATION — \$110 -- AFTER Jan. 23 or at the door is \$120. Make checks payable to St. Rita Retreat Center. Registration includes two nights lodging and meals. Bring your own towel and soap. \$25 will hold your reservation. Mail to Don Zimmerer, 251 Autumn Ridge, Talent, OR, 97540. Arrive and check in on Friday 4 to 6 pm. Dinner at 6:30. We will be finished by noon on Sunday. Commuter attendance w/meals is \$75.00. Saturday only is \$50.00 with meals. For more information call 541-531-2929.

CATHOLIC COMMUNICATIONS COLLECTION

Today, we will take up the Collection for the Catholic Communication Campaign (CCC). Funds raised enrich our faith through television, radio, social media, podcasts, and print media. Please be generous in this week's collection and support this important work. Half of your donation stays in our archdiocese to support local communications needs. The CCC is how we share our experience of faith, worship, and witness to the world.

LEGION OF MARY

The Legion of Mary invites ordinary Catholics, in good standing with the Church, who want to get closer to God to join us. We meet on Wednesdays, for about 1 1/2 hours, beginning with a Rosary, and a Spiritual reading from the Legion handbook. Members then visit the sick or those confined in homes in pairs, bringing Communion and promoting the work of Christ. To join this ministry please call the Parish Office. Don't worry about your lack of experience, talent, speaking ability, etc. It doesn't matter. What is needed is your desire to help.

7:00 a.m. DAILY MASS INTENTIONS

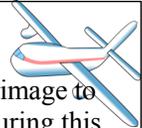
- M. Jan. 18: NO 7AM MASS - MARTIN LUTHER KING DAY
- T. Jan. 19: Charles Jabaly
- W. Jan. 20: +Oscar Brown
- Th. Jan. 21: Floretta Johns
- F. Jan. 22: Scott Wright

8:30 a.m. DAILY MASS INTENTIONS

- M. Jan. 18: +William & Margaret Johnson
- T. Jan. 19: +Josefina Lucena
- W. Jan. 20: +Bud & +Dorothy Large
- Th. Jan. 21: +Tom Large
- F. Jan. 22: +Mickey Ketchum
- Sat. Jan. 23: Vera Hall

UPCOMING PILGRIMAGE MEETING

!!!!!! DATE CHANGE !!!!!!



Father Ken will lead Sacred Heart on a pilgrimage to Poland, Austria, Czechoslovakia and Italy during this year of Divine Mercy.

Dates: September 16 to October 2, 2016.

We will visit the convent of Sister Faustina, who received the image of Jesus and the message of His Divine Mercy to share with the world, and we will enter the Holy Doors of St Peter's in Rome in this Jubilee year (plus many other wonderful places). Please come to an informational meeting on Saturday, January 30th at 4:30PM in the parish hall. For information and registration forms, please contact Beckie at 541-601-4457 or bkantor@hotmail.com or Lillian at 541-779-2134.

PATRICIAN MEETING

Jan. 25th (4th Monday) at 9:30 AM in the Hall

Topic: Divine Will

Father Justus is our Spiritual Director

All are invited to come and join in the discussion.

PLEASE PRAY for the sick of our parish especially:

Teri Gieg, Reese Baker, Diane Williams, Gladys Schibusch, Bill Reifers, Lucy Caro, Frances Maltoni, Louise Sutch, Judith Rosario, Peg Morgan, Joyce Farrell, Joanne Hafner, Evelyn Bocast, Jonathan Cotta, Patty Wittenbock, Bill Schueller, Cynthia Sugiura, Ramona Rosales, Trudy Omann, Kathy Steiner, John Kuchler, George Halvorsen, Justin Berlandi, Marie Casilio, Shizuka McCue, Sgt. Joseph Lowery, Eileen Van Dyck, Beverly & Dick Handley, and Don & Jean Palese.

Please pray for the deceased of our parish especially:

+John Lichtenwalner, +Millie Zarosinski, +Sue Caswell, +Shelly Dee, +Paul Dellapenta, and +Lucille Tingbert.

TO OUR SACRED HEART FAMILY

A thank you feels so woefully inadequate for the love poured out for our family during this very sad time. Please know we are deeply grateful for the beautiful funeral Mass, the heartfelt music, and the comforting reception for us and for all of our out of town guests. Again we say thank you for your prayers and loving support.

God bless you. Herb & Bertha Dellapenta

WHITE RIBBONS AGAINST PORNOGRAPHY

Pornography is causing a terrible spiritual crises in our families, communities and especially among our youth. It is destroying marriages, curbing vocations and leading to a range of sexually exploitive behaviors.

CCC 2354 *Pornography*..... It offends against chastity because it perverts the conjugal act, the intimate giving of spouses to each other. It does grave injury to the dignity of its participants (actors, vendors, the public), since each one becomes an object of base pleasure and illicit profit for others...It is a grave offense. Civil authorities should prevent the production and distribution of pornographic materials.

- Many parents and children/teens are not aware of the quickness with which one can suffer from pornography addiction, and the ease of acquiring inappropriate sexual pictures and content on the internet. Sexual addiction can occur within a week and easily within three months for many people.
- Inappropriate images can't be erased from the mind and they influence actions. Children/teens and adults need to abandon the "everybody's seeing these things" mindset and be responsible for what goes into their minds.
- Adult exposure to pornographic media is connected with:
 - Greater acceptance of sex before marriage
 - Having more sex partners
 - Greater acceptance of adultery
 - Engaging in more behavioral aggression

Catholic Daughters Of the Americas, Court St. Mary #1800, will be passing out WRAP pins and stickers, in the fight against pornography, after all Masses on January 23 and 24, 2016. Please help us to raise awareness that pornography harms all of us and that we can fight for decency in our homes, schools, communities and the media.

Most exposure to pornography occurs while online. Please consider placing a white ribbon sticker on your computer and keeping the prayer nearby to help all of us to stand strong against the temptations that are so close at hand.

Where All Are Welcomed & Loved With Mercy - Day 308

“Being a protector means protecting people, showing loving concern for each and every person, especially children, the elderly, those in need, who are often the last we think about.” Pope Francis
First 1000 Days: A Catholic Culture of Life Initiative

Thank you Advertiser of the Week ROGUE PLUMBING, INC.

*Please thank our Advertisers
 with your patronage.*

Financial Report

	1/3/2016	1/4/2015
Weekly Budgeted Amount	\$17,884.62	\$18,144.23
Offertory received current week	\$28,718.59	\$23,932.45
Offertory Received -Year to Date	\$494,830.96	\$485,842.90
Needed for Budget	\$482,884.72	\$489,894.22
Over (under) Budget	\$11,946.24	(\$4,051.32)
% Over (Under) Budget	2.47%	-0.83%

God gives it all, then calls us to share. Thank you for sharing!

Standing for Life as Believers in Christ

Commemorating 43 Years

1973 ~ 2016

Thursday, January 21, 2016 at 7:00 PM

First Baptist Church Sanctuary
649 Crater Lake Avenue Medford Oregon

“but one thing I do, forgetting what lies behind and straining forward to what lies ahead, I press onward toward the goal for the prize of the upward call of God in Christ Jesus.”

Philippians 3:13-14

Scheduled Speakers:

Greg Spires, Pastor, First Baptist Church
Bill Gallagher, Pastor & Christian Counselor
Perry Atkinson, President, The Dove Broadcasting
Cyndi Bright, Executive Director, The Pregnancy Center

Our prayer is that all of us leave this place with a sense of God's peace, respecting our place in the pro-life movement:

What we have or have not done,

What we knew or did not know,

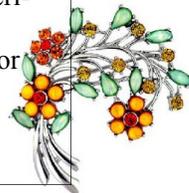
What we will or will not do from this time onward.

Presented by: Jackson County Right to Life & The Pregnancy Center
www.jacksoncountyprolife.org & www.thepregnancycenter.us

HEALING FROM ABORTION

For some, it may seem like their abortion is an event totally left in the past, yet vast evidence shows that abortion has long-lasting, life-altering affects in the lives of women and men who have experienced it. To feel, deal, and heal from abortion(s), attend a life-changing Rachel's Vineyard Retreat. Contact Project Aurora for information about the April 8-10, 2016 retreat near Medford: 541-942-2861 or email projectaurora@aol.com.

Para Espanol llamada a Araceli 541-621-7047.



LO GLUTEN HOSTS

Lo-gluten Communion hosts are available for those who suffer an allergic reaction to gluten. Please get in the Priests Communion line and let him know you desire lo-gluten. He will get a host from the Altar in a pix and hold it out for you to take from.



SACRED HEART YOUTH MINISTRY

Contact Whitney Compton, Youth Minister: wcompton@archdpdx.org
Please e-mail Whitney for her **NEW PHONE NUMBER**

CONFIRMATION CLASS! Wednesday, January 13, we continue with Lesson 13. Bring your books and arrive 5:45 to 5:55. Doors close and class starts at 6:00pm! Susan Erno will be leading the Core Team.

CONFIRMATION RETREAT: This retreat is mandatory and scheduled for January 30-31st 2016 at Mountain Lakes Bible Camp in Klamath Falls. Check in Saturday morning, January 30, between 6:30 and 7:00am. We have secured a bus but the bus will not accommodate everyone so we will also have chaperones to drive! MORE INFORMATION WILL BE SENT HOME WITH YOUR TEEN ON JANUARY 20th after Confirmation Class AND January 24th after youth group!!!

NUN RUN: Applications for the NUN RUN are now available in the parish office. Applications are due back no later than January 21st 2016 at 4:00pm!

YOUTH GROUP:

EDGE: January 24! Semester Kick-off! 9:45a-11:00p
LIFETEEN: January 24! Semester Kick-off begins at youth Mass with a nuptial blessing for the new Mr. & Mrs. Godfrey! Then we will have Life Night to Celebrate from 6:15-7:30pm!

YOUNG ADULTS AGE 18-35:

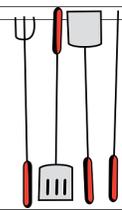
To receive our e-mail please contact Whitney Compton at wcompton@archdpdx.org.

CALLED TO PROTECT FOR YOUTH

Dear Parents; on February 7th Sacred Heart will provide our youth with abuse prevention skills they can use anywhere and in all interpersonal relationships! Called to Protect for youth is a self protection training program using video and facilitated discussions to teach youth: their emotional, physical and behavioral boundaries, ways abusers try to violate these boundaries and ways to respond if their boundaries are being violated, and how to report abuse happening to them or someone they know. The DVD and the facilitated discussion encourages kids to talk to each other using their own common language. This program is required by our Archdiocese. Called to protect for Youth will be shown on February 7th, 2016 in the Sacred Heart Youth room; for middle school from 9:45-11:00am and for high school – after youth Mass from 6:15-7:30p. If you have any questions you can contact me at wcompton@archdpdx.org or call my office to make an appointment. ***If you do not wish your teen(s) to take this personal safety class, please contact Whitney Compton in the parish office for the opt-out form and other information.***

KNIGHTS OF COLUMBUS BEEF RAFFLE

The annual Knights of Columbus Beef Raffle kicks off this month. Ask any Knight for tickets (\$5 each). Two winners will be drawn on April 17th and each will win a quarter, processed and packaged, grass-feed beef. Proceeds go to assist area charities. Only 1000 tickets will be sold so get your tickets now before they run out.



RELIGIOUS EDUCATION NEWS

On January 12th our Sacrament Preparation children made their First Reconciliation so our thoughts and prayers go with those special children. It is our hope that this will be the first of many opportunities for each child to partake in this Sacrament so that we can all become “the Best Version of Ourselves” and “Do God’s Will”.



I am missing some costumes !!! If you borrowed one of the costumes for the Christmas Eve Family Mass please return those to me or to the Parish Office. There is a big demand for these costumes at every Nativity Mass so please help me to recycle these for use in 2016.

Happy and Holy New Year to you and your family! Family traditions are very important. Begin this year with a new family tradition: Blessing The Year. On the table where you share most of your family meals, place all the 2016 calendars that you will use on a regular basis (don’t forget your electronic calendars). Invite everyone to bless each calendar (and electronic devices). You can do this by having each person draw a cross on the print calendars with a marker (and using his or her thumb to trace the sign of the cross on electronic devices). Then as a family, joyfully process throughout the home and put the new calendars in place. Have fun! I wish you great joy in the New Year. May you greet each day with praise for God and all His creation.

Religious Education Classes are open to any child from Preschool through 5th grade every Sunday at 9:50am until 11:15am at Sacred Heart School. For information contact Mary Stallard 541-779-4661 ext: 107



RESERVE YOUR SEAT NOW FOR THE MAGDALENE HOME ANGEL BANQUET!

The Angel Banquet will take place on Saturday, February 6, in the Sacred Heart Church parish hall. Doors open at 5pm, with champagne, hors d'oeuvres, and first bids on the silent auction, as well as raffle tickets for *Pick-of-the-Live Auction* and the *Tower of Wine*. You won't want to miss this important part of the evening's events!

Dinner with wine is served promptly at 6pm,
with program and live auction immediately following.
Lots of NEW items to bid on, as well as many favorites!

Tickets are \$50/person or \$400 to host a table of 8 friends for extra fun!

To reserve your place, please call Lindsay (weekdays) at 541-772-7123 or
Kathy (after hours and weekends), 541-773-9683.

Don't wait, as tickets sell out quickly!

May God bless you for helping support our young mothers and babies!

COME SEW WITH US!

The Sacred Heart Stitchers will meet on Thursday, January 21 and 28 from 9:15-noon in the Parish Hall Nursery. We will begin by talking about future projects and sorting through our material donations. All are welcome to join us. Call Kathy at 541-773-9805 for more information.

MEDIA KIOSK FEATURE OF THE WEEK

Faith at Work & The Holy Moment

Do you struggle with living your faith at work? Is holiness possible? Does being ethical help or hurt the profitability of a business? These are some of the questions Matthew Kelly answers in this presentation which was made to the Catholic Business and Ethics Conference.

Cost: Books \$4 CDs \$3 Booklets \$2 Pamphlets 50c
Place payment in slot on lower right side of the kiosk



SACRED HEART CATHOLIC SCHOOL NEWS

Celebrating 150 years of excellence... with heart

CATHOLIC SCHOOLS WEEK

Catholic schools week is coming, and we are preparing in many ways for this week of celebration. Please don't miss our school OPEN HOUSE for all prospective families on 2/1 at 6:30 pm at Sacred Heart School. It will be a great evening! Let us give you a chance to show what makes our school community so special.

THANK YOU to all who helped with our December scrip (gift card) challenge. We sold \$80,000 in gift cards for everything from grocery stores to restaurants to gas stations, an increase of \$18,000 over December 2014! The school gets to keep a percentage of the sales, so this is a very important revenue generating program for us. If you can participate, please call Terry Fry at the school. It's easy to use and helps many students in the Valley get a quality Catholic education. We will be selling gift cards after the 7 and 8:30 Mass on Feb. 3 in the Parish Hall.

AUCTION NEWS

Our 20th Annual School Auction will be a ROARING TWENTIES THEME and is sure to be a ton of fun! The event at the Inn At The Commons on Saturday, March 5th. If you are a carpet cleaner, medical provider, hair dresser, tree trimmer, we would love you to consider a gift certificate donation. We are also looking for tickets to professional sports teams, vacation homes/ time share units, a beach house, a house in Sunriver/Bend area, anything we can package to help drive the biggest fundraising event for our school. Contact LeeAnn Loftin, SHCS Events Coordinator, for more information or if you can help! [541-772-4105 ext. 119](tel:541-772-4105).

Thinking about Catholic school for your Children?

We'd be happy to give you a tour and connect you with current parents to answer questions. Please contact the school at [541-772-4105](tel:541-772-4105) for a tour. Financial support is available.