

**Congratulations Bishop Alexander Sample  
Archbishop-Designate of the Archdiocese of Portland in Oregon!  
We welcome you and we pray for you!**

**A WORD FROM FATHER KELLY**

Next weekend is commitment weekend for the *Archbishop's Catholic Appeal 2013*. It is indeed a time and an opportunity to invest ourselves in the ministry of the Archdiocese of Portland. Without our Archbishop, without the Archdiocese we would simply not exist as a parish. Our ancestors in the faith took to heart the call of the Gospel to love our neighbor as ourselves in the structuring of the Catholic Church. We need each other! We need to recognize that we are a part of something much bigger than Sacred Heart parish and St. Joseph Mission: we are a part of the Archdiocese of Portland and we are part of the Universal Catholic Church.

**Working Together** as the people of the Church of Western Oregon, we can accomplish things otherwise unimaginable. Through our contributions to the *Archbishop's Catholic Appeal* we assist in a variety of ministries that otherwise simply would not happen. We are able to bring the Eucharist to the Catholic Deaf Community, we are able to assist families in giving their children a Catholic education, and we are able to give on-going support to our retired priests who have served our faith needs for so many years.

In 2012 we came within \$1,500 of reaching our parish goal! Congratulations to each of you who gave to the appeal and Thank You so very much for your support! Even more impressive was the level of participation from our parish: 36% of our parish households contributed – that is spectacular!

Now, here we are at the beginning of a new year and a new opportunity. I ask you to please prayerfully consider your contribution to this year's *Archbishop's Catholic Appeal*. It would be tremendous to reach our goal in the first two weeks of the appeal, even greater for our level of participation to reach 40% of our parish households or more...

We do indeed need each other. Our participation in the ministerial efforts of the Archdiocese of Portland is our sharing in the work of the church throughout our diocese as we assist in **teaching**, **blessing**, and **servicing** our sisters and brothers. Thank you for your generous support!

**FOURTH SUNDAY IN ORDINARY TIME**

**FIRST READING: Jeremiah 1:4-5, 17-19 (72C)**

**SECOND READING: 1 Corinthians 12:31-13:13**

**GOSPEL: Luke 4:21-30**



*"When the Sisters are exhausted, up to their eyes in work; when all seems to go awry, they spend an hour in prayer before the Blessed Sacrament. This practice has never failed to bear fruit: they experience peace and strength."*

~~ Blessed Mother Teresa

Come, praise God for one hour in the Perpetual Adoration Chapel. Please call Dan and Sarah Rice at 541-582-3717 for information.

**PARTICIPATE IN CRS RICE BOWL!**

Our parish will be participating in CRS Rice Bowl, Catholic Relief Services' Lenten program, as a way to encounter Jesus through others, especially through the most vulnerable in our world. Rice Bowls will be available next weekend. Please take one home and use the easy and fun resources to deepen your family's Lenten experience. Your prayers, fasting and almsgiving this Lenten season will help Catholic Relief Services continue to provide life-saving assistance in nearly 100 countries. CRS works on our behalf to care for the poorest in our world and to end global poverty.

**Financial Report**

Year to date through	1/20/2013	1/22/2012
Offertory received	\$541,555.82	\$531,968.24
Needed for Budget	\$523,584.90	\$536,538.57
Over (Under) Budget	\$17,970.92	(\$4,570.33)

A parish thrives and grows on the financial contributions of all the parishioners. Thank you to all who contribute.



***Living the Eucharist***

**Books For Sale**

**After each Mass**

**Inside the Parish Hall**

For Information, call 541-301-9599

**PICK UP YOUR L.E. BOOKS – AFTER EACH MASS**

**Feb. 2 & 3 – Sat. & Sun. – Tables inside PARISH HALL**

**SMALL FAITH-SHARING GROUPS FOR LENT – START FEB. 12**

- ✝ **Meeting in the PARISH HALL**
- ✝ **For Six weeks during LENT - Feb. 12 to Mar. 19**  
**TUESDAY Afternoons: 1 – 2:30 PM**  
**TUESDAY Evenings: 6:45 – 8:15 PM**

**PRAYER SERVICE FOR HEALING**

For those afflicted with a chronic or a temporary illness, of body or soul, a prayer service will be offered on Wednesday, 6 February, at 5:30 p.m.. We will listen to God's words and ask Him to send His Spirit to strengthen us through the imposition of hands by the priest.

**PATRICIANS**

The Patricians is a discussion group that meets on the 3rd Monday of the month after the 8:30 a.m. Mass. Father Carmelo is our Spiritual Advisor. Our next Patrician meeting will be on Monday, February 18th. We will continue the study of Vatican II documents. All are invited to join us in the Parish Hall.

**7:00 a.m. DAILY MASS INTENTIONS**

M. Feb. 4: Edward and Pat Ford  
T. Feb. 5: Catholic Daughters  
W. Feb. 6: The Janes Family  
Th. Feb. 7: Father Kelly Vandehey  
Fri. Feb. 8: +Mildred Bartley

**8:30 a.m. DAILY MASS INTENTIONS**

M. Feb. 4: +Irene Morris  
T. Feb. 5: +Constance Seus  
W. Feb. 6: +Ken Wehage  
Th. Feb. 7: +Genevieve Wardleigh  
Fr. Feb. 8: +Susan Bloom  
Sat. Feb. 9: +Bill Eibner

**PLEASE PRAY** for the ill of our parish especially: Sandra Mephram, Margaret Mucha, Vickie Harris, Gloria Hoover, Shizuka McCue, John Preston, Bert and Trudy Oman, Margarita La Hue, Charles Larkin, Lucina Guerrero, Betty Mercier, Thelma Roberts, Sharon Senske, Mabel Keenan, Marie Casilio, Mary Beveridge, Jeff Leroy, Helen Doody, Rita Morrell, Rose Casagrande, Mickey Ketchum, Marion & Bill Owens, Dick & Beverly Handley, and Calvin & Maria Schwenk.

**Please pray for the deceased of our parish especially:** +Jim Plummer, +Mary Withey, +Ann Buckley, and +Wilson Edinger, and for their families.

## THE SPIRITUAL LIFE COMMITTEE on "OUR FAITH"

As we celebrate the Church's Year of Faith, this column will look into the different aspects of our faith and faith practices. Understanding what we believe and why, is an important part of this year's celebration.

### What is the significance of the postures (kneel, sit, stand) during Mass?

Each posture we assume at Mass underlines and reinforces the meaning of the action in which we are taking part at that moment in our worship. Standing is a sign of respect and honor, so we stand as the celebrant who represents Christ enters and leaves the assembly. When we stand, we assume our full stature before God, not in pride, but in humble gratitude for the marvelous thing God has done in creating and redeeming each one of us. The posture of kneeling signifies adoration. It is for this reason that the bishops of this country have chosen the posture of kneeling for the entire Eucharistic Prayer. Sitting is the posture of listening and mediation, so the congregation sits for the pre-gospel readings and may also sit for the period of meditation following Communion.

\*2010, United States Conference of Catholic Bishops.

### Why is prayer so important in our lives?

Prayer is the raising of one's mind and heart to God, or the requesting of good things from God. God tirelessly calls each person to this mysterious encounter with Himself. Prayer unfolds throughout the whole history of salvation as a reciprocal call between God and man. "If you knew the gift of God!" The wonder of prayer is revealed beside the well where we come seeking water: there, Christ comes to meet every human being. It is He who first seeks us and asks us for a drink. Jesus thirsts; his asking arises from the depths of God's desire for us. Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for Him.

Catechism of the Catholic Church #2590 &2560.  
For complete discussion see: #2558-2597

### FUNERAL VOLUNTEERS

Thank you to the funeral coordinators who are with families as they plan the service and are there with them the day of the funeral, making sure all goes smoothly. Thank you to the sacristan, the phone caller who organizes all the reception people – food preparers, set up crew, clean up crew— to the dishwasher, and to the lovely lady who takes the linens home. What a gift to people in mourning as they deal with loss. Thank you volunteers!

**If you have moved or changed your phone number please call the office and we will update your record. Thank you.**

### Thank you Advertiser of the Week

#### **DOWNEY BUSINESS AND TAX SERVICE**

*Please thank our Advertisers with your patronage.*



Some of our parishioners are particularly susceptible to catching colds, coughs, or flu when we gather in such numbers. If you are sick and might pass your illness on to others (a flu or cold for example), it might be best to stay home for a Sunday until you recover. Not to discourage anyone from coming to Mass, but we all need to guard against the harmful effects our illnesses can have on the health of others.

## RELIGIOUS EDUCATION NEWS

The children have been learning about praying the rosary and how important it is in our life. Children made a rosary from marshmallows, olives, candy and beads. Praying the rosary really can involve all our senses!! We would love to have a class set of rosaries to use with our children so if you have an extra rosary to donate we would be indeed grateful.



We continue each week collecting pennies for St Vincent De Paul; cans for Father Ildefonce's mission in Africa; and canned and package goods for the Sacred Heart Food Bank for our yearlong Service Project.

Religious Education is available for all children Preschool through 5<sup>th</sup> Grade every Sunday 9:50 a.m. to 11:15 a.m. at Sacred Heart School. Call Mary Stallard ph# 779-4661 ext 107 details.



## SACRED HEART SCHOOL AUCTION

We are busy procuring items for the upcoming Mardi Gras Auction [March 9, 2013 at the Red Lion] and we need your help. We will gladly accept donations [cash, gift certificates, and/or other items to put in our silent auction]. Please contact the Events Coordinator, LeeAnn Loftin, if you have something to donate or you wish to attend at: (541) 772-4105 ext 119. THANK YOU for your support.



## YOUTH NEWS

Super Bowl Sunday, 3 February, we won't meet so kids can enjoy family celebrations at home.

We will have youth group next Sunday at its regular time. Edge 3:30 p.m. and Life Teen 6:30 p.m.

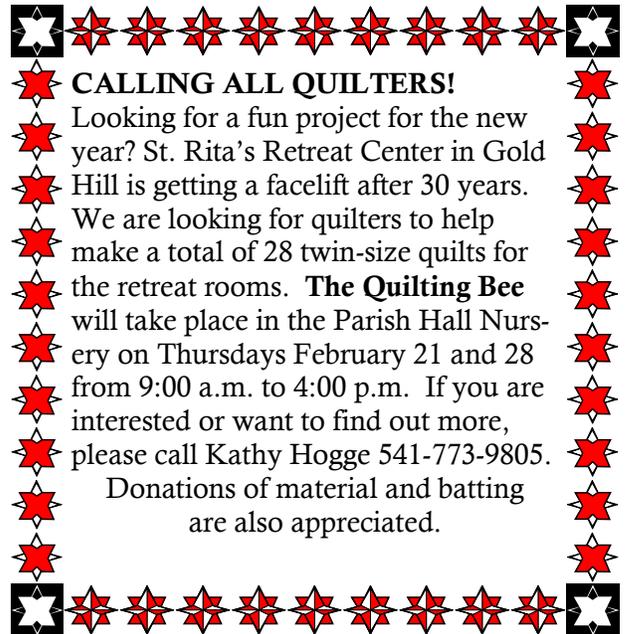
## ALTAR SOCIETY NEWS!!!

Our Evening meeting is on Thursday, 7 February. Call Vicente, 541-608-6081, for directions. Our Day meeting is on 11 February at 11:00. Father Ben will speak on: "Holiness in Daily Life". Spaghetti will be the main entree. Please bring a salad or dessert to share and your OWN TABLE SERVICE. Recitation of the Rosary will follow lunch.

There are a few more tickets available for the Sweet-heart Ball, to be held Saturday, February 16th, at the Rogue Regency. Call: Louise at: 541-776-2441.

**Speaker** for March: Vaughn Maurice from Dogs for the Deaf. He will speak on Assistance Dogs. Also making plans for the Mother's Day plant sale, May 5, and the Produce Sale for the middle of August.

Ladies, come join us and have some fun!



## CALLING ALL QUILTERS!

Looking for a fun project for the new year? St. Rita's Retreat Center in Gold Hill is getting a facelift after 30 years.

We are looking for quilters to help make a total of 28 twin-size quilts for the retreat rooms. **The Quilting Bee** will take place in the Parish Hall Nursery on Thursdays February 21 and 28 from 9:00 a.m. to 4:00 p.m. If you are interested or want to find out more, please call Kathy Hogge 541-773-9805.

Donations of material and batting are also appreciated.

## CATHOLIC DAUGHTERS

February 5<sup>th</sup> is the next meeting. Our guest speaker will talk about St Rita's Retreat Center. Did you know that there is a wonderful Catholic retreat Center in Rogue River?

We gather in the church at 8:00 a.m. for the Rosary, followed by Mass, then to the hall for a light snack. Please bring something to share, coffee and tea will also be available. The meeting starts at 9:30.



We will welcome our new member Kathy Hogge and recognize several re-instated members. Since October we have welcomed 5 new members! Please invite a guest; you may know someone who is just waiting to be asked.

**Membership dues (\$25.00) are due this month.** If you are unable to attend the meeting and still wish to be a member you may send your payments to : Alice Fitzgerald, 4601 S. Pacific Hwy. #8, Phoenix, Oregon 97535.

### COFFEE AND DONUTS IN FEBRUARY

3rd - Sacred Heart School (7:00 & 8:30)  
10th - Catholic Daughters (7:00 & 8:30)  
17th - K of C Breakfast (7:00 & 8:30)  
24th - St. Vincent de Paul (7:00 & 8:30)



### CATHOLIC SENTINEL FEBRUARY NEWS

Read about

- Lenten Rice Bowls and snip five meatless recipes from developing nations.
- A large pro-life rally in the heart of Portland which had a strong accent of youth.
- See Catholic commemorations of the Rev. Martin Luther King Jr.
- The upcoming Christ Mass on March 20
- St. Henry Parish, Gresham marks a century
- The Catholic school in Albany is set to close.
- Oregon has three new monsignors.
- In this week's issue, meet the new spiritual leader of Catholics in western Oregon. Pope Benedict has named 52-year-old Bishop Alexander Sample of Marquette, Mich. to lead the Archdiocese of Portland. A promoter of the New Evangelization, Archbishop-Designate Sample will be installed April 2.



### ST. MONICA AUGUSTIAN SECULARS

The Secular Augustinians seek knowledge of God and prayer while sharing a sense of community with all God's people and creation. Come join us in prayer the second Saturday of the month, 4:30 p.m., Shepherd of the Valley Church, 600 BeeBe Rd. Central Point.

Also join us for a potluck dinner as we explore St. Augustine's written works on the second Sunday of the month at St. Rita Retreat Center, at 3:30 p.m., 10800 Blackwell Rd., Central Point. Come, eat, enjoy! All are welcome. Contact Info: David 541- 292 - 2878

### TO HONOR SERVICE MEN & WOMEN

We want to recognize and honor the men and women - whether relatives or members of our parish who are serving our country in the Armed Forces. If you have a loved one serving in the military, please attach his or her name to a photo, then drop it off or send it to the Parish Office, or leave in the sacristy after Mass. We'll add it to our permanent display in the locked, glass-front cabinet in the Parish Hall. Please call Ann Brophy at 779-4661 or [abrophy@shcs.org](mailto:abrophy@shcs.org). Thank you!

### LEGION OF MARY

Legion of Mary meets every Wednesday at 9:30 a.m. in the Parish Hall. You are welcome to come over Wednesday morning for coffee & muffins after the 8:30 a.m. Mass. Stay for the meeting if you wish. Guaranteed to be a good start to your day!

### HELP AFTER AN ABORTION

Women and men who've experienced abortions have loss, grief, and emptiness with a sense of guilt and other emotions. Jesus Christ, our newborn Savior, offers them hope, healing, and a new start through a Rachel's Vineyard Retreat.

Two upcoming retreats are: Medford, March 15-17; contact [ProjectAurora@aol.com](mailto:ProjectAurora@aol.com) or 541-942-2861 and Bend, April 26-28; contact [ProjectRachel@CatholicCharitiesOregon.org](mailto:ProjectRachel@CatholicCharitiesOregon.org) or 1-800-249-8074. All materials, lodging, and meals are provided in the \$175 fee. Financial assistance is available. The national website is [www.RachelsVineyard.org](http://www.RachelsVineyard.org)

“Our home is Heaven. On earth we are like travelers staying at a hotel. When one is away, one is always thinking of home.” ~ ~ St. John Vianney

**SACRED HEART SCHOOL SERVICE**

The need for food in our area is very real. Our Foodbank which operates through Sacred Heart School, is staffed by school volunteers and students. There is a large plastic tub for non-perishable items in the vestibule of the church. When doing your weekly shopping please remember the poor and donate this way on the weekends. Items that are especially needed are: Applesauce, Chicken Noodle Soup, Corn, Mac and Cheese, Peanut Butter, Pork n Beans, Spaghetti Noodles, Spaghetti Sauce, Tomato Soup, Top Raman, and Tuna. Thank you.

**ST. VINCENT DE PAUL 2424 N. PACIFIC HWY, MEDFORD 541-772-3828**

Volunteers are currently needed: In the Office  
In the Kitchen  
In the Thrift Store  
At the Urban Rest Stop

Whatever your gifts are, come out  
and we will find a spot for you.

TO VOLUNTEER - Please call - 541-772-3828 (Ext. 7)

Your help is greatly appreciated!