



SEVENTH SUNDAY IN ORDINARY TIME
FIRST READING: Leviticus 19:1-2, 17-18 (79A)

SECOND READING: 1 Corinthians 3:16-23 GOSPEL: Matthew 5:38-48

FATHER KEN'S KORNER

Some Practical Questions About Holy Communion
Answered: Part 2

Last week I addressed some common practical questions I have been asked by parishioners about receiving communion. This week I would like to further develop this topic and discuss guidelines for when we should refrain from receiving the Eucharist. These times of refraining can be grouped into two major categories; when we have not yet been formally received into the Catholic Church (in full communion) [i.e. we are not Catholic] and when we are knowingly in a state of mortal/serious sin. This week I will offer some thoughts regarding the former and next week I will take a look at the latter.

We should always welcome non-Catholics to join us at Mass when they have a sincere desire to participate spiritually in our worship for whatever reason. However, if one is visiting from another Christian tradition, one should refrain from receiving the Eucharist and instead present oneself for a blessing (which I sometimes refer to as a form of "spiritual communion"). Catholics should instruct their non-Catholic guests about this custom and instruct them that if they want to receive a special blessing at communion time they should indicate their desire by crossing their arms over their chest or simply by placing one hand over their heart. That is because Catholics do not believe that the Eucharist is merely a symbol of welcome or hospitality that all present are welcome to. We believe in transubstantiation which means that, at the words of consecration uttered by the priest within the Liturgy of the Eucharist, we believe that ordinary unleavened bread and wine are changed into the Body and Blood of Christ and that Christ is "substantially present" in the elements from that point forward. St Paul says in 1 Cor. 11:29, "anyone who eats or drinks without discerning the body, eats and drinks judgment on himself". In plain English then, if one receives communion without believing it is the Body and Blood of Christ one is committing an offense against God. That is clearly something we would all like to avoid.

However, even if one is coming from a Protestant tradition that believes in consubstantiation (i.e. that by receiving communion they would be receiving Christ in a "spiritual" way), this would still not serve as sole or sufficient criteria for receiving communion at Mass. That is because, by receiving communion, one is also saying; a) that they believe all that the Catholic Church

proposes for our belief and b) that they have also gone through the formal process of being received into the Catholic faith community. These last two criteria are both community-based rather than individual criteria and are a reminder to us that we are called to be a part of something bigger than us alone...namely the Body of Christ.

A statement in the front cover of our missalette is one you should refer your non-Catholic guests to for Mass (or instruct them in your own way as to our Eucharistic custom). The statement, in part, reads, "We welcome our fellow Christians to this celebration of the Eucharist as our brothers and sisters. We pray that our common baptism and the action of the Holy Spirit in this Eucharist will draw us closer to one another and begin to dispel the sad divisions which separate us. We pray that these will lessen and finally disappear, in keeping with Christ's prayer for us 'that they may all be one [John 17:21]. Because Catholics believe that the celebration of the Eucharist is a sign of the reality of the oneness of faith, life and worship, members of those churches with whom we are not yet fully united are ordinarily not admitted to Holy Communion". To be one in "faith, life and worship" means, in part, that if I receive the Eucharist I believe in everything the Catholic Church professes and proposes for belief and that I am a full, actively participating member of the Catholic Church. If a guest at our Mass receives the Eucharist and is not Catholic or does not fully believe as we believe, they are in essence committing an untruthful act. Even if a guest from another tradition were to be able to say that they fully agree with what our faith teaches, they should still wait to be properly received into the Church sacramentally.

This same line of reasoning applies if we, as Catholics, are ever invited to be a guest at another Christian church where a Eucharistic custom is kept (e.g. Lutheran, Episcopalian, etc.). Even if invited to, we should respectfully refrain from participating in their communion as well since we do not fully share in their beliefs and are not full members of their faith community.

*The one noted exception would be members of the Orthodox churches who have no access to a church of their own denomination (by special permission of canon law, since the Catholic Church recognized all seven of their sacraments).

Note:

For other questions on the Eucharist, please call the parish office or e-mail Fr. Ken at ksampson@archdpdx.org.

WELCOME YOUTH MINISTER -- WHITNEY!

Hello my name is Whitney Compton. Praise and honor to Our Lord, Jesus Christ! I am excited to join the parish staff at Sacred Heart Catholic Church. I grew up in St. Louis Missouri with my Father, Mother and two brothers. This past December, I obtained a Masters of Arts in Theology and Christian Ministry from Franciscan University of Steubenville. I have also had the opportunity to serve with NET Ministries as a traveling team member (2010-2011). In the summer of 2013 I worked as the assistant logistics coordinator for the Steubenville Summer Conferences and the Liaison for the Franciscan LEAD program. I now come to you as the Coordinator of Youth and Young Adult Ministries. I am excited to work with Father Ken to prepare this year's Confirmation class and will begin to develop the youth and young adult programs at Sacred Heart according to the will of God the Father. Thank you to all who have welcomed me with open arms. The next step is to get the youth room up and running. This will facilitate a space for the youth to meet together and encounter Christ. To help get the youth room revamped I am in need of a few couches and an area rug or two. If you have any of these resources please contact me at the parish office, extension x112. Come Holy Spirit Come, Totus Tuus Maria. Whitney Kay Compton.



LIVING THE EUCHARIST



The final year of the Lenten study, *Living the Eucharist*, is about to begin! Through participation in small group gatherings, participants will learn about and discuss topics related to the Eucharist and prepare for the upcoming Sunday Mass by prayerfully reflecting on the Sunday Mass readings.

**ALL NEW! Revised
by "Paulist Press"**

**Small groups will meet weekly in the Parish Hall
March 3 - April 8
Monday evenings: 6:45 - 8:15 p.m.
Tuesday afternoons: 1:00 - 2:30 p.m.**

Register for *Living the Eucharist* after Masses: February 22-23

This Lent, please share your gifts and your faith in a *Living the Eucharist* faith-sharing group! Experience why this has been such a popular Lenten study in our parish. Discover the quiet moments of Easter hope. For more information, please call the parish office.

**30TH ANNUAL
CATHOLIC WOMEN'S RETREAT**

St. Rita's Retreat Center February 28 - March 2
Come join us for a very blessed weekend of creating and renewing our friendships and experiencing a special time with our loving Savior, Jesus Christ

For reservations/information call Louise
Dove Renewal Center 541-582-4680
Ashland/Medford/Central Point call
Mary at 541-773-6885
Grants Pass call Gloria at 541-479-4152
Other areas 800-262-3683

Financial Report

	2/9/2014	2/10/2013
Total Offertory received- this week	\$17,867.51	\$15,246.23
Offertory Received -Year to Date	\$587,651.22	\$611,259.36
Needed for Budget	\$577,769.27	\$575,943.39
Over (under) Budget	\$9,881.95	\$35,315.97

God gives it all, then calls us to share. Thank you for sharing!

**PERPETUAL EUCHARISTIC
ADORATION**



"Have a Holy Hour every week. Start praying. Pray for guidance and trust in God."

~ St. John Vianney

Please sign up for an hour of Eucharistic Adoration. Call Dan and Sarah Rice at 541-582-3717 for information.

ROSARY SALE AFTER ALL MORNING
MASSES SUNDAY, MARCH 2nd
A ROSARY IS A GREAT
CONFIRMATION, EASTER OR FIRST
COMMUNION GIFT!

All rosaries are made by the Rosary Guild.
The Rosary Guild supplies rosaries to the
missions and the military.

If you are interested in learning the art of
rosary making please call Bertha at
541-245-6981.

“The bread that you store up belongs to the
hungry. The cloak that lies in your chest be-
longs to the naked. And the gold that you have
hidden in the ground belongs to the poor.”

~ St. Basil the Great

PLEASE PRAY for the sick of our parish
especially: Augie Schettino, Retha Brophy,
Carla Janes, Patti Otto, John Zeleznik, Joan Bain,
William Cummings, John Schmidt, Marie
Casilio, Patti Wittenbrock, Linda Blixt, John
Kuchler, William Carhart, Rachel Scott, Barney
Deffley, Jennifer White, Jeff Leroy, Nanette
Hall, Brian Chachere, Margaret Mucha, Shizuka
McCue, Rita Morrell, Marge Kearney, Dick &
Beverly Handley.

**Please pray for the deceased of our parish,
and for their families, especially:**

+Joylene Long, +Melvin Rhodes, and +Mike
Stepovich.

LOVE SENT OUT!

Valentines were sent to the homebound via our
Legion of Mary. The people who received them
were so thankful for the letters mailed to them
from Sacred Heart School students, and for the
Valentines made by our Sunday School Children
and delivered during our weekly Communion
visits. For some of our homebound parishioners,
the letter and cards are the only valentines they
received. Thank you for caring. ♥

P.S.

*Thank you to Mrs. House's 1st grade at Sacred
Heart School for the valentines for the parish office.
They are so nice and we love the candy!*



Thank you God for rain.

7:00 a.m. DAILY MASS INTENTIONS

M. Feb. 24: +Larry Robin
T. Feb. 25: +Dianne Fiebelkorn
W. Feb. 26: The Sieg Family
Th. Feb. 27: +Dianne Fiebelkorn
Fri. Feb. 28: +Dianne Fiebelkorn

8:30 a.m. DAILY MASS INTENTIONS

M. Feb. 24: The Plummer Family
T. Feb. 25: John & Madeline Kosmatka
W. Feb. 26: +David Baker
Th. Feb. 27: +George Thornton
Fr. Feb. 28: +Janice Gnos
Sat. Feb. 29: +Lucille Joynt

LITURGY CORNER

“In many parishes . . . extremes can be easily identified. . . In either case, this Sunday’s gospel might give us a clue about ‘perfect’ liturgy. We celebrate liturgy ‘perfectly’ when everyone gathered goes the extra mile to enter into its prayer, when God’s and each other’s forgiveness and mercy and reconciliation abound, when love and self-giving are palpable, when our concern for those less fortunate than we is evident. . . When we find ways to bring harmony out of the inevitable discord, when difficulties and challenges become opportunities to grow, we are embracing ‘perfect’ liturgy. Then we can celebrate God’s perfect love toward us.”

(Living Liturgy, January/February 2014, Volume 45, Number 1, Liturgy Training Publications)

“My reflection on being a Eucharistic Minister always brings me to the happiness I feel when I approach the reception of Our Lord in the Eucharist. I have always felt this way, so when I am given the opportunity to give the Eucharist to another, it fills me with joy beyond belief. I would encourage anyone who feels that receiving the Eucharist is a blessing beyond the world’s understanding to come forward. . .”

~ Linda Filardi

Serving at Mass is joyful! To schedule a Eucharistic Minister or Lector training, please call or email abrophy@shcs.org. Thank you! Ann Brophy, Pastoral Associate

ALTAR SOCIETY NEWS

ELECTION: The Nominating Committee is at work looking for new officers for 2014 - 2015. If you are called, please take time to consider accepting an office. It's an honor to serve our Lord as we work for the needs of His Altar at Sacred Heart Church.

MOTHER'S DAY: Remember the plant sale that takes place the Sunday, May 4th (the week before Mother's Day). Call Louise at 541-776-2441, if you have questions.

MEETING: The Night Timers will meet Thursday, March 5, at 5:45 p.m., at the home of Salud.



THE JOYS OF SPRING!

Spring is on the way and there are some healthy weeds springing up. Wednesday weeders will meet at 9:30 a.m. on March 12th. Bring gloves and your own tools. For more information please call BJ Buxton @ 541-772-8292.

Yummy Sundae Sunday!!

Join the Fun!

*Mardi Gras Theme
Ice Cream, Chocolate Syrup
Whip Cream*

and even more extra toppings!



*Sunday, March 2nd
1:00 to 4:00
in the Parish Hall*

*Wear your boas,
bangles and beads for this simply
fabulous party Darlin'!*

*Sponsored by Father Ken
and the Hospitality Committee
Bring your family and
enjoy a nice treat!*



ST. PATRICK DINNER SATURDAY, MARCH 15

Tickets \$15.00 -- on sale this Sunday!



Dinner and fundraiser for St. Vincent de Paul and Magdalene Home
Dinner includes corned beef and cabbage, with beer and wine for sale
A fun time for all with singing, wearing of the green and Irish dancers

Doors open at 6:30 p.m.

Donation of baskets and basket items appreciated.
Raffle tickets for baskets will go on sale March 1st.

This event is sponsored by both the Catholic Daughters and the Knights of Columbus.
For more information call Regent, Connie Moyer 541-773-8736

ARCHBISHOPS CATHOLIC APPEAL

This weekend is Commitment Weekend for the 2014 Archbishop's Catholic Appeal. Our parish goal is \$76,356. If you have not already done so please complete your pledge card, indicating your gift or pledge to this annual appeal. We would like 100% participation in showing our support of Archbishop Sample and the Catholic Church in western Oregon.

RELIGIOUS EDUCATION NEWS

The Lord's Prayer

With all the lectionaries, sacramentaries, books of prayers and different Scripture translations that surround us, it's amazing to think that Jesus himself taught us just one prayer: the Lord's Prayer. It is such an important prayer that we say it at every Catholic gathering. Setting it against the Communion Rite during Mass will help the children we teach see how perfect a prayer it is.

Hopefully we teach our children preparing for First Communion that this is a great time to reinforce the idea that this is a moment worth waiting for. We're not just plunging forward in an assembly line – we are having a face-to-face encounter with the Lord, and we want to be ready for it! We start by praying the Lord's Prayer—praising and thanking God, asking to be forgiven when we've been wrong, asking for help to do better, and asking for our daily bread—not just what we eat, but the spiritual food that will help us to be better disciples. After the Lord's Prayer we exchange a sign of peace, because no one should come to the table without being reconciled and in communion with our neighbors. Mention to your children that the very word “communion” means being

in harmony with others, the way we try to be as the family of God gathered here at church.

Then we process forward to receive the host and drink from the cup. An ancient Eucharistic formula was, “Say Amen to what you are”—again, a reflection that we (the body of Christ) receive the Body of Christ (the host), from the body of Christ (the minister). We are united as part of God's family and the kingdom in this holy moment.



Sacrament Preparation

Please pray with our children as they prepare to for this Blessed Sacrament -- First Holy Communion. Say the Lord's Prayer as a family and a parish community so we remember just what an amazing moment Communion is and that it is definitely worth waiting for!!

Sunday Morning Classes

All children Preschool -- 5th grade *welcome*. Sunday mornings 9:50 a.m. to 11:15 a.m. at Sacred Heart School. Assemble in the cafeteria for our (short) morning faith sharing time with coffee and snacks.

For further questions or details contact Mary Stallard at the Parish Office. Ph# 541-779-4661 ext: 107



CONFIRMATION

Our next class is Wednesday, Feb. 26, 6:30 p.m. in the Parish Hall.

SUPPORT SACRED HEART SCHOOL

Fred Meyer now has a Community Rewards Program where Sacred Heart School can earn cash when parishioners shop at Fred Meyer. Please register your Fred Meyer card at www.fredmeyer.com/communityrewards. The school's registration number is: 94645

SOUTHERN OREGON MEN'S ACTS RETREAT

April 24-27 at St. Rita's Retreat Center, Gold Hill

Adoration – Community – Theology – Service
Contact: Jim Harlan at 541-941-5025 or email harlanfamily2@juno.com “Let Go – Let God”

Please Join the Choir

Do you **Love** to sing??? Join the Sunday 8:30 a.m. Sacred Heart Church Choir!!

We are always looking for new member and are in special need of

High Sopranos and Basses!

PRAISE OUR LORD THROUGH SONG

Please Contact Sylvia Pyeatt at the Parish Office or at spyeatt@archdpx.org



**RACHEL'S VINEYARD RETREATS
FOR HEALING AND HOPE AFTER ABORTION**

“We had no idea what this retreat would do for our relationship. Our faith in God has truly strengthened, and our love and trust for each other is stronger than ever.” Rachel’s Vineyard Retreats™ assist women and men to safely identify and heal from the various ways abortion experiences have knowingly and unknowingly impacted their lives and relationships. God’s mercy, compassion, and forgiveness are present in the retreat process and in everyone at the retreat. Sessions help you to reconcile with God, your children lost to abortion, and yourself.

Upcoming retreats are: March 28-30, 2014 near Medford and May 2-4, 2014 near Bend. For more information, visit www.rachelsvineyard.org or call 800-249-8074. View a Project Rachel video at www.catholiccharitiesoregon.org.

TRAVEL ON A PILGRIMAGE WITH FATHER KEN

Sacred Heart Pilgrims will leave October 11, 2014 to visit Holy places in Portugal, Spain and France, including Marian apparition sites in Lourdes, Fatima and Covadonga as well as Santiago de Compostela, the burial site of St James the apostle. For information and application forms, please call Lillian Lynch, 541-779-2134 or Beckie Kantor, 541-601-4457, bkantor@hotmail.com.



St. Benedict McKenzie Bridge
WOMEN'S PRAYER DAY

Tuesday, March 4, 2014 8:30 to 3:30 p.m.

Theme: Forgiveness in Lent
\$15 includes morning snack and lunch
Call St. Benedict's 541-822-3572 to reserve
Or: sblodge@opwest.org
Or Peggy Hayward 541-822-6087

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