



**FIFTH SUNDAY IN ORDINARY TIME**

**FIRST READING: Isaiah 6:1-2a, 3-8 (75C)**

**SECOND READING: 1 Corinthians 15:1-11      GOSPEL: Luke 5:1-11**

**A WORD FROM FATHER KELLY**

Yup! It is time once again to stock-up on fish sticks and tater tots, to prepare ourselves for special days of fasting and abstinence and, in particular, to avail ourselves anew to special times of prayer. LENT is indeed a time for focused conversion, a change of heart, a movement away from sin, and growth in our desire to give alms (care for the poor) and offer forgiveness.

Often times we find ourselves with great dedication and enthusiasm at the beginning of Lent, but within days we have already begun to drift back to our old ways. If I may offer a small suggestion to you this year: think “do-able”. Conversion is a process of our life’s journey and as with all processes it will not happen in one day, week, Lent, or year. So, let us look at these three Lenten practices of **prayer**, **almsgiving**, and **fasting** to make sure that what we do is not only helpful to our spiritual growth, but also practical and “do-able”.

**Prayer** is undoubtedly at the heart of Lent since in prayer we listen to God’s call and direction for our life. Prayer is your conversation with the Lord so do not try to make someone else’s prayer your own. Be willing to try different types of prayer

throughout Lent to determine how you communicate the best with Jesus Christ. As well, if daily prayer is new to you, start with small amounts of time and allow it to grow naturally.

**Almsgiving** is the most visible result of good prayer. Take some time to recognize a person in your life (well known or a mere acquaintance) who is in need and find ways to reach out to her or him. As we give of ourselves and of our resources we will find that we become more open to God’s graces as well.

Finally, **fasting** – which is likely the most recognizable Lenten practice in as much as yearly we “give-up” something for these 40 days. Often times we choose something, which, for all practical purposes has not been good for us anyway. That is not necessarily fasting in the truest sense. To “fast” is to “give-up” something that will help us become more aware of the sufferings of others so that we will be more inclined to reach out to assist them.

So, be thoughtful in determining your Lenten practices this year and make them “do-able”. With an open heart and a true desire for spiritual growth, the Lord will give you all the grace you need to have a successful Lent and bring you to the celebration of the Lord’s Resurrection at Easter!

**LENT BEGINS ASH WEDNESDAY**

**February 13, 2013**

Our Mass schedule is as follows:

English - 7:00 a.m., 8:30 a.m., 12:10 and 5:00 p.m..

Spanish - 7:00 p.m.

**Fasting and Abstinence Regulations:**

All Catholics 14 years and older must abstain from meat on the Fridays of Lent, Ash Wednesday and Good Friday.

All Catholics, ages 18 to 59, are to fast on Ash Wednesday and Good Friday. To fast means to eat one full meal; the other two meals that day should be less than the normal amount unless they are already at a minimum for good health. Eating between meals is not permitted; however, liquids including coffee, milk and fruit juices are allowed.

**STATIONS OF THE CROSS**

Every Friday evening at 7:00 p.m. Stations of the Cross are offered, followed by Benediction.

“Preach the Gospel always,  
and when necessary, use words.”

~~ St. Francis of Assisi

**Financial Report**

Year to date through	1/27/2013	1/29/2012
Offertory received	\$573,068.34	\$545,568.94
Needed for Budget	\$541,037.73	\$554,423.19
Over (Under) Budget	\$32,030.61	(\$8,854.25)

Year to date offertory includes proceeds from the generous gift of stock by a parishioner. If you are interested in gifting stock to the Parish, please contact Marie Chandler for details.

**POPE ACCEPTS RESIGNATION OF ARCHBISHOP JOHN VLAZNY  
NAMES BISHOP ALEXANDER SAMPLE TO SUCCEED HIM**

Pope Benedict XVI has accepted the resignation of Bishop John G. Vlazny, 75, from the pastoral governance of the Archdiocese of Portland in Oregon, and named Bishop Alexander K. Sample of Marquette, Michigan, 52, to succeed him.

The appointment was publicized in Washington, January 29, by Archbishop Carlo Maria Viganò, apostolic nuncio to the United States.

Alexander Sample was born Nov. 7, 1960 in Kalispell, Montana. He completed studies in philosophy at the College of St. Thomas, St. Paul, Minnesota, and in 1986, before entering the Pontifical College Josephinum in Columbus, Ohio, to study for the priesthood. He holds bachelor of science and master of science degrees in metallurgical engineering from Michigan Technological University, Houghton, Michigan, and a licentiate in canon law from the Pontifical University of St. Thomas Aquinas (Angelicum) in Rome.

He was ordained a priest for the Diocese of Marquette in 1990, and was named chancellor of the diocese in 1996. In 2005, he was named bishop of Marquette.

John G. Vlazny was born in Chicago in 1937, and ordained a priest for the Archdiocese of Chicago in 1961. He was named an auxiliary bishop of Chicago in 1983, and Bishop of Winona, Minnesota, in 1987. He holds a licentiate in sacred theology from the Gregorian University, Rome; a master of arts degree in the classics from the University of Michigan and a master of education degree in educational administration from Loyola University, Chicago.

The Portland Archdiocese includes 415,725 Catholics, or 12 percent of the 3,327,110 people in the entire archdiocese.

From the United States Conference of Catholic Bishops News Website – 29 January 2013)

**EUCCHARISTIC HOLY HOUR**

Our parish's monthly bi-lingual Eucharistic Holy Hour is Sunday, 17 February, after the 5:00 p.m. Mass. We will begin with exposition of the Blessed Sacrament and pray a shortened version of Evening Prayer from the Liturgy of the Hours. A scripture passage focused on Life, Marriage, or Religious Liberty will be read, a period of silence, then a short reading from one of the Vatican Council II documents or the Catechism of the Catholic Church. We will conclude with a Litany, Benediction, and Reposition of the Blessed Sacrament. The hour will be a time of quiet reflection with a few moments of guidance.

**PARTICIPATE IN CRS RICE BOWL!**

Our parish will be participating in CRS Rice Bowl, Catholic Relief Services' Lenten program, as a way to encounter Jesus through others, especially through the most vulnerable in our world. Rice Bowls are available this weekend at the doors of the church. Please take one home and use the easy and fun resources to deepen your family's Lenten experience. Your prayers, fasting and almsgiving this Lenten season will help Catholic Relief Services continue to provide life-saving assistance in nearly 100 countries. CRS works on our behalf to care for the poorest in our world and to end global poverty.

**ARCHBISHOP'S CATHOLIC APPEAL**

The theme of this year's Appeal is "Teach, Bless, Serve". The Appeal provides a unique opportunity to teach our faith to others and express our gratitude for the Lord's blessings we have received. The Appeal also allows us to share those blessings with others – with Catholic ministry, education and services that help parishes throughout our Archdiocese. The very act of giving is a blessing we bestow on others. And when we bless others, God in turn blesses us for our service.

Our parish goal this year is \$74,454. Please prayerfully reflect upon the many blessings you have received and consider how much you will return to further His work in our Archdiocese. Your commitment is needed and will be of great help to those who have and will benefit from the Archbishop's Catholic Appeal funding.

If you would like to pledge to the Appeal, the parish office has the envelopes needed. Thank you for your continuing support of our parish and Archdiocese.



**Final L.E.  
Book Sale  
TODAY - Parish Hall**

**It's not too late to register for:**

**SMALL FAITH-SHARING GROUPS**

\*\*\*Call or email if you would like to join us\*\*\*

✠ **STARTS FEB. 12 - For Six weeks of LENT**  
✠ **Meeting in the PARISH HALL**

**TUESDAY Afternoons: 1 – 2:30 PM**

**TUESDAY Evenings: 6:45 – 8:15 PM**

For Information, call 541-301-9599  
sylviastephenson@yahoo.com



*Could you not keep watch for one hour?* Mk 14: 37

“In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering.” ~ Pope Benedict XVI  
In this Year of Faith please consider committing to a weekly hour of Eucharistic Adoration.

Open hours: Monday 12:00 a.m., 1:00 a.m.  
Tuesday 2:00 p.m.  
Wednesday 2:00 a.m., 3:00 a.m.  
Friday 1:00 a.m., 10:00 p.m.  
Saturday 12:00 a.m., 1:00 a.m., 2:00 a.m., 3:00 a.m.,  
noon (partner), 5:00 p.m., 11:00 p.m.  
Sunday 1:00 a.m., 2:00 a.m., 11:00 p.m.

To sign up for these or any hour  
please call Dan or Sarah 541-582-3717.

**PLEASE PRAY** for the ill of our parish especially:  
Rosary Brooks, Sandra Mephram, Margaret Mucha,  
Vickie Harris, Gloria Hoover, Shizuka McCue, John  
Preston, Bert and Trudy Oman, Margarita La Hue,  
Charles Larkin, Lucina Guerrero, Betty Mercier,  
Thelma Roberts, Sharon Senske, Mabel Keenan, Marie  
Casilio, Mary Beveridge, Jeff Leroy, Helen Doody,  
Rita Morrell, Rose Casagrande, Mickey Ketchum,  
Marion & Bill Owens, Dick & Beverly Handley, and  
Calvin & Maria Schwenk.

**Please pray for the deceased of our parish  
especially:** +Robert Sierakowski and +Barbara Topper  
and for their families.

**COLLECTION for the CHURCH IN  
CENTRAL AND EASTERN EUROPE**

On Ash Wednesday we will take up the Collection for the Church in Central and Eastern Europe. This Collection supports Catholic organizations that provide food, shelter, medical care, catechesis, and companionship for the lonely in a region still struggling in the aftermath of atheistic Soviet rule. Your donations help to restore the strength of the Church in the region. Please give generously to the Collection.

Visit [www.usccb.org/nationalcollections](http://www.usccb.org/nationalcollections) to learn more.

**SECULAR FRANCISCAN MEETING**

The local Secular Franciscan Fraternity would like to thank Sacred Heart Parish for opening its doors to us. We will be meeting every third Sunday from 1:30 - 4:30 p.m. in the Office Conference Room. If you are feeling the tug to enrich your faith journey to Christ in the footsteps of St. Francis of Assisi, you are welcome to come and see.



**PATRICIANS**

The Patricians is a discussion group that meets on the 3rd Monday of the month after the 8:30 a.m. Mass. Father Carmelo is our Spiritual Advisor. We meet next on Monday, February 18th, and we will continue the study of Vatican II documents. All are invited to join us in the Parish Hall.

**7:00 a.m. DAILY MASS INTENTIONS**

M. Feb. 11: Ann Brophy  
T. Feb. 12: Margie Meyer  
W. Feb. 13: Ash Wednesday  
Th. Feb. 14: The Sieg Family  
Fri. Feb. 15: +Jeff Bronson

**8:30 a.m. DAILY MASS INTENTIONS**

M. Feb. 11: St. Anne's Altar Society  
T. Feb. 12: Herb Dellapenta  
W. Feb. 13: Ash Wednesday  
Th. Feb. 14: Dr. Paul J. Marguglio & family  
Fr. Feb. 15: +Bill Sander  
Sat. Feb. 16: Legion of Mary

## THE SPIRITUAL LIFE COMMITTEE -- IDEAS FOR LENT

The traditional purpose of Lent is the renewal of our faith through prayer, penance, repentance, almsgiving, and self-denial. Generally we think of Lent as a time to deny ourselves some of the luxuries of life so our hearts and minds will turn towards Christ. During this Year of Faith, consider stretching beyond your usual 5 Lenten aims, by adding spiritual reading to your to-do list.

A good place to start is to pick up the Bible and read each day from it. Or think about expanding your knowledge of your faith by reading a book from this list compiled by Mount Angel Abbey. Whatever you choose you will be richly rewarded.

The Spirit of the Liturgy by Joseph Cardinal Ratzinger. Ignatius Press, San Francisco

Christ in His Mysteries by Blessed Columba Marmion, OSB. Zaccheus Press, Bethesda, M.D.

The Lamb's Supper, The Mass as Heaven on Earth by Scott Hahn, Doubleday, N/Y.

What Happens at Mass by Jeremy Driscoll, OSB, LTP, Gracewing, Chicago, Ill.

The Wellspring of Worship by Jean Corbon. Ignatius Press, San Francisco, Ca.

A Key to the Doctrine of the Eucharist by Abbot Vonier, OSB, Zaccheus Press, Bethesda, Md.

### MARCH-MAY

#### LITURGY SCHEDULE DEADLINE

Lectors, Eucharistic Ministers, and Altar Servers:  
Servers: by **February 15**, please put any scheduling needs into your MSP profile for the March-May schedule. If you have questions or need your MSP user name and password, please let Ann know at [abrophy@shcs.org](mailto:abrophy@shcs.org). Thanks!

#### ROSARY SALE -- AFTER ALL MASSES

Come see all the varieties and colors of rosaries made by the Rosary Guild. These are wonderful Easter gifts. All proceeds benefit the making of rosaries for the missions and the military. Sale is Sunday, February 17th, from 8:00 a.m. to 3:00 p.m. in the Parish Hall.

We make rosaries Tuesday evenings from 6:00 to 8:00 p.m. in the Hall and on Thursday mornings from 9:00 to 11:00 a.m. in the Parish Office.

Come and learn how to make rosaries and meet some new people.

#### COMMUNION TO HOMEBOUND

The Legion of Mary brings Communion to those who cannot come to Mass. People in hospitals, nursing homes, foster care homes, retirement centers, and private homes. It is a spiritually satisfying task, but a formidable one in a city of this size with an aging population. We need more helpers (it is not necessary that they be members of the Legion of Mary). Training is provided. If you can spare an hour or two a week to help with this vital spiritual work of mercy, please leave your name at the office and we'll be in touch with you.



#### HELP AFTER AN ABORTION

Women and men who've experienced abortions have loss, grief, and emptiness with a sense of guilt and other emotions. Jesus Christ, our newborn Savior, offers them hope, healing, and a new start through a Rachel's Vineyard Retreat.

Two upcoming retreats are: Medford, March 15-17; contact [ProjectAurora@aol.com](mailto:ProjectAurora@aol.com) or 541-942-2861 and Bend, April 26-28; contact [ProjectRachel@CatholicCharitiesOregon.org](mailto:ProjectRachel@CatholicCharitiesOregon.org) or 1-800-249-8074. All materials, lodging, and meals are provided in the \$175 fee. Financial assistance is available.

The national website is [www.RachelsVineyard.org](http://www.RachelsVineyard.org)

**FOUND CHRISTMAS GIFT**

We have a gift in the office addressed to Auntie Laura, and it is from Ellen and John - signed by the child. If this present sounds familiar to you please call the office 541-779-4661. Thanks.



**SACRED HEART SCHOOL AUCTION**

We are busy procuring items for the upcoming Mardi Gras Auction [March 9, 2013 at the Red Lion] and we need your help. We will gladly accept donations [cash, gift certificates, and/or other items to put in our silent auction]. Please contact the Events Coordinator, LeeAnn Loftin, if you have something to donate or you wish to attend at: (541) 772-4105 ext 119. THANK YOU for your support.

**YOUTH NEWS**

We will have youth group this Sunday at its regular time. Edge 3:30 p.m. and Life Teen 6:30 p.m. in the Youth Room on the corner of 11th & Holly. Confirmation will meet Wednesday, 20 February in the Youth Room at 6:30 p.m.



**KNIGHTS OF COLUMBUS BREAKFAST**

Sunday, February 17th, scrambled eggs & ham, biscuits & gravy, pancakes and even French toast will be served up in the Hall. Come on over and enjoy with a cup of nice, hot coffee. Cost is \$18.00 per family, \$6.00 adults, and \$2.00 children under 10 years old. Proceeds benefit the Knights of Columbus Charities in Jackson County.

**COFFEE AND DONUTS IN FEBRUARY**

10th - Catholic Daughters (7:00 & 8:30)  
17th - K of C Breakfast (7:00 & 8:30)  
24th - St. Vincent de Paul (7:00 & 8:30)



**GET THE BULLETIN MID-WEEK!**

The bulletin is currently emailed to about 60 parishioners. They can see it in all its' glorious color! If you would like to be on the list let me, Eileen, know at ekralik@shcs.org. I'd be glad to send it to you.

**RELIGIOUS EDUCATION NEWS**

The children of Sacred Heart Religious Education and their families have been making some beautiful Valentine cards for the homebound. We send our love and the love of our God to everyone on Valentine's Day and every day!!

Our First Communion children continued their journey on February 3<sup>rd</sup> with a Sunday morning class learning about the Holy Eucharist, the Mass and how it so important in our everyday life. On Thursday, February 7<sup>th</sup>, the children had a chance to share in this Eucharistic journey with their parents and siblings in a Family Potluck and Retreat Night.

Thank you to all those who donated a rosary for our class set. We have about six now so we still need about 24 or so. Do you have an extra???

It is never too late to begin your child's Religious Education and we offer faith filled fun every Sunday for children Preschool to grade 5. Please call Mary Stallard for details. Ph# 541-779-4661 ext. 107.



**CALLING ALL QUILTERS!**

Looking for a fun project for the new year? St. Rita's Retreat Center in Gold Hill is getting a facelift after 30 years. We are looking for quilters to help make a total of 28 twin-size quilts for the retreat rooms. **The Quilting Bee** will take place in the Parish Hall Nursery on Thursdays February 21 and 28 from 9:00 a.m. to 4:00 p.m. If you are interested or want to find out more, please call Kathy Hogge 541-773-9805. Donations of material and batting are also appreciated.

**SAFETY PRECAUTION**

Due to increased foot traffic in our parking lot please be sure to stow your valuables and lock your vehicle while you are at Mass or at Chapel.



### **ALTAR SOCIETY NEWS**

Our next meeting is Monday, February 11th, at 11:00 a.m. Father Ben will be our speaker. He will talk on: "Holiness in Daily Life". What an appropriate way to prepare for Lent. Come, hear his inspirational words and enjoy a delicious lunch. Spaghetti is the main entree. Bring a salad or dessert to share and YOUR OWN TABLE SERVICE. Ladies, come join us, and have some fun.

**Remember the date:** Sweetheart Ball, Saturday, February 16th. Enjoy good food; the entertainment and the crowning of our Queen and her court.

### **DEVOTION TO MARY**

The Legion of Mary has a Home Visitation Program, in which a statue of the Blessed Virgin Mary, goes from home to home on a weekly basis. We have two statues that travel. Special prayers are prayed each day, along with the rosary. Traveling statues available to any parishioner, contact Jan 541-779-5639. We will deliver or make contact with statue and info.

### **Thank you Advertiser of the Week**

#### **VERANDA PARK RETIREMENT LIVING**

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